

# MindEd for Families

We have recently been made aware of this new resource.

Developed with families, and aimed at families, [MindEd for Families](#) is a new site hoping to transform mental health support for relatives in difficulty and crisis.

## What is MindEd for Families?

MindEd for Families offers a large range of e-learning resources, developed to give anyone in regular contact with children and young people the skills to identify and support those they suspect to be affected by mental health issues

MindEd for Families:

- provides information, advice and guidance about children's mental health and wellbeing to parents and carers in England
- improves parents and carers' knowledge and awareness of children and young people's emotional health and wellbeing
- improves parents and carers' ability to intervene early in mental health issues, working closely with teachers and other professionals to support their child
- helps reduce stigma around mental health and demystify mental health and psychology
- supports and enhance national mental health awareness and resilience