

Extract from the recent edition of the Bucks Herald:

**'Families urged to talk about drugs following teenager's death'**

Chief Inspector Neil Kentish from Aylesbury LPA said: "I know the community is shocked and deeply saddened by the tragic events of this weekend. Parents in the community may want to talk to their loved ones about the use of illegal drugs. I would encourage families to take some time and sit down together to talk about this difficult subject. They can use the advice and information from the drugs awareness site FRANK" (<http://www.talktofrank.com>).

As a school, we would highly recommend this website along with advice from our local Addaction service ([www.addaction.org.uk](http://www.addaction.org.uk)) and the local contact number is 01296 331933.

At RLS, we have counsellors who come into school on Monday, Tuesday and Friday morning and Thursday afternoon. Appointments can be made by contacting Mrs Jacquie Baldock, Deputy Headteacher.

Bucks also run a free counselling service for young people called Time to Talk ([www.timetotalkbucks.org.uk](http://www.timetotalkbucks.org.uk)) and the contact numbers are 0845 408 5022 or 07764 210398.