

Electives 2019-20

Electives are now delivered vertically (groups will be a mixture of years 8-10) and are delivered over approximately a term (this means that students will be able to do three different electives over the course of the year). For the current year 9s only, we are running DoF Bronze in their year 10 elective cycle (this means there should be no after school or lunchtime sessions).

Year 7s will continue to rotate through a carousel of activities.

All students will do the Advanced First Aid course at some point over years 8-10.

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
1. Basic First Aid 2. Fundamental British Values 3. History of the School 4. Mindfulness and Wellbeing 5. Music 6. Team Building	Advanced First Aid Art - Clay Modelling Art - Pen & Ink/Watercolour drawing Art - Printmaking Creative Writing Dance Debate Dragons' Den Drama Environment (All Year) Forensics Journalism (All Year) Running club Sport - Korfball Textiles Ukulele Orchestra	Advanced First Aid Art - Clay Modelling Art - Pen & Ink/Watercolour drawing Art - Printmaking Creative Writing Dance Debate Dragons' Den Drama Environment (All Year) Forensics Introduction to Computer Systems and Programming Journalism (All Year) Running club Sport - Korfball Textiles Ukulele Orchestra Photography Junior Sports Leader Award (JSLA) *English and Maths support elective	Advanced First Aid Art - Clay Modelling Art - Pen & Ink/Watercolour drawing Art - Printmaking Creative Writing Dance Debate Dragons' Den Drama Environment (All Year) Forensics Introduction to Computer Systems and Programming Journalism (All Year) Running club Sport - Korfball Textiles Ukulele Orchestra Photography JSLA Community DoF Bronze (All Year) Latin (2 year course) Mandarin (2 year course)	Careers Cooking for life Economics taster Politics taster Psychology taster Travel needs Community Latin (2 year course) Mandarin (2 year course) *English and Maths support elective	One of the following compulsory options: Art Shots Creative Writing Debate & speaking skills Extended Project Qualification (EPQ) School Magazine Sport (Badminton, Football, Netball, Rugby, Table Tennis, Yoga/Pilates) Any of the following options: Additional volunteering Become a Prefect/Senior Prefect Become a Peer Listener (involves training by the School Counsellor) Competitive Universities Support: General

			<p>*English and Maths support elective</p>		<p>Competitive Universities Support: Medsoc (Medicine, Dentistry, Veterinary)</p> <p>Duke of Edinburgh Award</p> <p>Massive Online Open Courses (MOOCs) / independent research</p> <p>National Citizen Service (Summer 2020)</p> <p>Outlook Expeditions to India / Cambodia & Vietnam 2020</p> <p>Run a lunchtime club or volunteer in a KS3/4 subject</p> <p>School Sports Team</p> <p>Ski Trip</p> <p>Young Enterprise</p> <p>World War One Battlefields Trip</p>
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The table below includes information about each of the electives, shows in which year group(s) each elective is offered, and the member of staff to see if you have any questions.

Elective	Year offered to	Teacher	Description
Basic First Aid	7	Mr Henry	Students will learn key communication skills, casualty care, how to carry out a primary survey, how to put casualties into the recovery position and the identification and treatment of some first aid injuries, including bleeding, burns, asthma, sprains and allergic reactions.
Fundamental British Values	7	Mr Hudson	Do you know the difference between the UK, Great Britain and the British Isles? Have you ever stopped to think about the most important values in your life? This is an opportunity to learn to think about your own values and how these link to the four 'Fundamental British Values' (of Democracy, the Rule of Law, Respect and Tolerance, and Individual Liberty) defined by the government.
History of the School	7	Mrs Rowley	<p>Did you know that the Royal Latin School is one of the oldest in the country? Or that the houses are named after local people who helped the school in some way? Have you visited the school's archive room?</p> <p>As the Royal Latin School's 600th anniversary approaches it is appropriate that year 7 students have the opportunity to study its long history and begin to get a sense of what has changed and what has remained much the same. This short course will include a visit to the archive room, a 'treasure hunt' and the chance to interview an ex-pupil who attended the school 40+ years ago.</p>
Mindfulness and Wellbeing	7	Mrs Wheble	We all want students to be calm, focused, alert, aware and creative. This elective is a series of lessons to develop essential life skills at an early age.

Music	7	Mr Tucker	So many special reasons to sing! Singing is really good for your wellbeing! We'll be working towards a performance that you can feel proud to be part of. Singing improves your learning outcomes, develops your confidence, and keeps you healthy. Something special happens when we sing together - it regulates your breathing and causes your heart rate to synchronise with everyone else in the choir. Singing works the respiratory system, so it is good for the heart and lungs, and your stage posture. It also triggers feel-good chemicals in the brain, lifts our spirits and boosts the immune system!
Team Building	7	Mr Matanda	Students will develop their team building skills through a number of theory and indoor and outdoor practical activities. They will also develop social skills and get to know students from different tutor groups.
Advanced First Aid	8, 9 & 10	Mrs Shann	The Advanced First Aid Course will provide students with the skills needed to deal with more complex medical situations including CPR, using a defibrillator and a choking casualty. We also learn about medical conditions such as diabetes and anaphylaxis and how to manage them in an emergency. For those students wishing to pursue The Duke of Edinburgh Award Scheme this is an essential course.
Art - Clay modelling	8, 9 & 10	Mrs Fricker	Let your imagination go in three dimensions. Learn key clay modeling skills and then get creative using clay and glazes. Starting with basic forms and surface decoration, building creatures, characters and structures of your design.
Art - Pen & Ink/Watercolour drawing	8, 9 & 10	Mrs Gowlett	Build your skills with colour washes and line with this amazingly versatile drawing medium. Learn how to use pens and brushes to record imagery to create a variety of effects and responses to your observations and ideas. Suitable for all abilities, the processes and tips will have you making lovely images in no time.
Art - Printmaking	8, 9 & 10	Miss Woodham	Using different printing techniques including monoprint and collagraph you will explore surface, colour and pattern to make your own images. You will learn processes, techniques and tips for developing your images creatively.
Creative Writing	8, 9 & 10	Mrs Spence	A chance to step away from the ordinary everyday routine and let your imagination out of its cage. It's nothing to do with English tests or exams, but a chance to do your own writing at your own pace, in the manner you want, and to write for pleasure. We will look at different techniques and materials, work on our own and in groups, and help you develop your own voice and style.

Dance	8, 9 & 10	Miss Stevens	Dance Elective will dig deeper into your dance skill-set by developing technique, exploring choreography, a range of stimuli and performance skills. Dancing has so many health benefits from fitness to wellbeing. Don't be shy - come and join me in an active and fun session!
Debate	8, 9 & 10	Mr Monni	Have you ever wanted to have your say on some of the big issues of our time? Whether you are an experienced debater or a complete beginner, this is for you. The elective involves learning the rules of debating as well as how to present a persuasive and convincing argument whilst under pressure. We will have our own series of mini-debates as well as building transferable skills like speaking in front of groups of people, speechwriting and using rhetorical devices.
Dragons Den	8, 9 & 10	Miss Keen	Have you got what it takes to be the next winner of the Dragons Den challenge. With us you will learn how to take your initial idea and turn it into a plan that gets people talking and wanting to be involved. In today's business world, being able to get up in front of people to share and pitch ideas invaluable, by the end of this course, you will be able to demonstrate effective communication and presentation skills, all needed to support a successful career.
Drama	8, 9 & 10	Mrs Jones	This exciting elective choice will enable you to fully embrace all that drama entails, from devising from stimuli to developing performance skills. You will embark on a drama workshop taking you through a range of genres and styles to widen your knowledge of drama and feed your passion for theatrical performance.
Environment (All Year)	8, 9 & 10	Mr Skyrme	Are you passionate about issues to do with the environment? Do you want to be part of a team that learns about these important issues and is proactive in taking action to deal with these problems? Could you be part of a team that raises awareness of these problems to reduce our impact on the planet? Each year the team will decide on a number of projects to work on. Some suggested projects: single use plastics, recycling, energy efficiency, habitat conservation, palm oil, litter...
Forensics	8, 9 & 10	Mrs Hamilton	Learn about the different evidence collected and techniques used to find and study in order to link a suspect to a particular crime. This includes the opportunity to try out some of these techniques for yourself in the lab.
Introduction to Computer Systems and	9 & 10	Mrs Gnanachandran	If you enjoy problem-solving and want a better understanding of the technology around you such as computers and mobile electronic devices as well as the software that runs on

Programming			them, then this elective is for you. The focus will be on understanding the hardware of computer systems, software programming and then finally programming some hardware yourself for a project of your choice. Technological advances have transformed the lives of people and through this elective, you can understand the work behind these advances!
Journalism (All Year)	8, 9 & 10	Mrs Goddard And English Subject Captain	This is an exciting opportunity to be part of an editorial team that reports on school events such as trips and competitions. They will be part of a regular live update on the new school website. The team will need to have a balance of students who are keen photographers and/or writers looking for ways to put their skills into action. All reports, once edited, will be seen by visitors to the main school website.
Running Club	8, 9 & 10	Mrs McBain	This is an opportunity to improve your running, no matter what your current ability level is. You will learn how to structure your running by developing a range of warm-up, main session and cool down activities. We will also incorporate a variety of main activities, such as speedplay, hill work and endurance running. There will be some fun elements, such as relays, and the chance to develop some core strength and flexibility. Escape the confines of the classroom and enjoy the outdoors - we may even take our running beyond the school environment!
Sports	8, 9 & 10	Mr Stevens	Develop your communication and team working skills, get a cardiovascular workout and strengthen your core all whilst having fun. Sports to include Korfbal (A dynamic cross between netball, basketball and handball, played in mixed-gender teams), Benchball, Dodgeball and others...
Textiles	8, 9 & 10	Mrs Wood	Feeling stressed & anxious? Do you want to improve your fine motor skills and learn something new? Join our Textiles group and knit a hat. Then use your imagination and creativity to customise it.
Ukulele Orchestra	8, 9 & 10	Mr Taylor	Learn the basics and play in an ensemble - this is an activity for team players as we will all work together to learn and play a few songs and pieces of music. You will need to have your own ukulele to play and practise on (however, there will be a small number available in school). This will cater for beginners and experienced players - all you need is a uke and the determination to play! If you need advice on buying a ukulele please come and find me. Go on - UKE can do it!
Photography	9 & 10	Mr Burnett	Learn more about how digital cameras work, different styles of photography and practise photography. It would be beneficial for you to have your own digital camera rather than just a phone camera. No previous experience is required but you need to be willing to take

			photographs and be photographed yourself.
JSLA	9 & 10	Miss Gibbard	Build your skills in leadership and communication through sport. JLSA gives you the opportunity to play sport and really focus on those skills that sport can provide such as effective communication and leadership. Although we are developing life skills, it is done through sport, so enjoying sport is important.
Community	10 (& 11)	Miss Ferguson	An exciting opportunity to work with primary school children and give back to the local community. This will involve working 1:1 and in small groups to provide Maths support for younger students.
DofE Bronze	10	Mr Jenkins	The Duke of Edinburgh Award is an excellent way to challenge yourself physically during the expedition phase and to push yourself to try new things or develop what you already do via volunteering, participating in a sport and developing an existing skill or acquiring a new one. Be warned what is covered in school will be training and support and you will need to put in work outside of school.
Latin	10 (& 11)	Mrs Emary	WJEC Latin Certificates Level 1 and 2 <ul style="list-style-type: none"> - These are well established qualifications giving an extensive grounding in Latin grammar and vocabulary - It is chosen by a wide range of students; from keen linguists to historians and potential medical students - Each year we have a group of around 8-10 students who then take the Level 1 exam at the end of Year 10 - This is then developed further in Year 11 with the opportunity to take the Level 2 certificate at the end of the year - This qualification used to be counted as equivalent to a GCSE but regulations mean that is no longer possible. However, the language element goes beyond GCSE and would lead easily into doing the AS Level in the Sixth Form.
Mandarin	10 (& 11)	Mrs Jiao	Learn the basics of Mandarin in Year 10, including calligraphy, and then more focused on the certificate qualification in Year 11.
Careers	11	Mrs Street/Mrs Taylor	An opportunity to develop research skills to help plan future subject choices, courses and careers. Students will be signposted to useful resources, look at Labour Market

			Information.
Cooking For Life	11	Miss Gahagan	Learning and cooking some healthy and sustaining meals which can be made on a budget. Tips on how to make your ££'s go further in the kitchen, for whenever you may leave home. You will need to provide your own ingredients but will be given plenty of notice.
Economics Taster	11	Mr Darcy	This will involve some taster lessons in Economics so you can make an informed decision about whether you want to study this at A-level. There will be an overview of both the micro and macro economic topics covered and research task opportunities where students will be able to apply economic theory to the real economy.
Politics Taster	11	Mr Evans	This will consist of two taster sessions examining how politics operates in the UK and why it is really important to our everyday lives. You'll get the chance to find out where your views rank you on the 'political spectrum', and have to make decisions operating as the government to try to stay in power... Whilst it is partly a taster for potential A Level students, it is designed primarily to examine the importance of political participation amongst young people especially.
Psychology Taster	11	Mrs Murray	This is an opportunity to experience some taster lessons in psychology so you can make an informed decision about whether you want to study this at A-level. Expect to do some practical lessons that may range from how memory works, why we choose particular romantic relationships, or how poor parental attachment can affect us in later life.
Travel Needs	11	Miss Williams	Learning about staying safe abroad and in the UK, looking after your possessions and handling/budgeting money, vaccinations etc., planning a trip, customs and traditions in different countries, and being aware of these so as not to offend the local people.
Additional volunteering	12	Mr Skyrme	Many students elect to undertake further volunteering in addition to the expected one hour per week. Students may apply to become a Prefect/Senior Prefect in the Autumn Term of Year 12. We also have an active Peer Listeners service which provides invaluable support to our younger students. Many students arrange additional volunteering to support their career aspirations (e.g. aspiring doctors volunteering in a hospice). We are immensely proud of the work our Sixth Form students undertake to support the school and the wider community.

Art Shots	12	Mrs Woodham	This is a non assessed course giving you the opportunity to explore your creativity and imagination. The 'hands on' workshops will give you the opportunity to explore different techniques such as printmaking, cyanotypes, painting, clay and of course giving you the chance to develop your drawing skills.
Competitive Universities	12	Mr Wilson/Mr Skyrme	If you are interested in making an application to an elite university then you will require additional support. Members of this group will visit Oxford or Cambridge, will be given additional support for Personal Statements, advice on interview technique and deeper thinking/debating.
Creative Writing	12	Mrs Mason	This non-assessed course is primarily for the sheer enjoyment of creative writing and to discover deeper knowledge about yourself and the world around you through your writing.
Debate	12	Dr McCarthy	Ideal for anyone who enjoys debating, those students with a passion for Freedom of Speech. This is an ideal way to develop skills of critical thought.
DofE Gold	12	Mr Darcy	DofE helps you develop crucial skills like leadership, teamwork and resilience, which are sought after in today's job market. You do not need to have done the Bronze or Silver and many students are Direct Entrants to the scheme. There are five sections to the Gold Award (Skills, Physical, Volunteering, Expedition, and Residential). The award is non-competitive, available to all, achievement focused and, most of all, enjoyable. Students usually find they are already doing many of these things before they join the Sixth Form!
Extended Project Qualification (EPQ)	12	Mrs Murray	The Extended Project Qualification (EPQ) is a stand-alone qualification that helps students develop broader study skills. The outcome is a student-driven project which gives the individual the freedom and responsibility to select a topic they are interested in. During the process, they develop as independent, reflective learners and acquire knowledge and transferable skills that are invaluable for further study.
Further Maths A Level (Not if taken as one of your three)	12	Mr Skyrme	Further Mathematics A2 offers the opportunity to extend your Sixth Form study of Mathematics and to revel in a wealth of mathematical topics. It suits those who have enjoyed the study of Mathematics in Key Stages 3 and 4 and who have found that it comes fairly easily to them. Because of the hierarchical nature of Mathematics, Further Maths must be studied as an accompaniment to Mathematics A level. It is strongly recommended

			for those thinking of degrees in Mathematics, Physical Sciences, Engineering or Economics at university but it goes well with a wide variety of other subjects, particularly Computing or Geology.
Fourth A Level (Not FM)	12	Mr Skyrme	In some instances students may wish to apply to study a fourth A-Level. Your application will be sent to the Headteacher for consideration. You will be expected to follow four A-Levels for two years. This is a demanding option and is only permitted in exceptional cases.
MedSoc	12	Mr Wilson/Mr Skyrme	This is a group designed around the needs of those students wishing to study medicine, dentistry or veterinary science. Meetings are held regularly and you will be expected to take an active role in the group if you are serious about pursuing your aspiration of studying one of these subjects.
MOOCs (Massive Online Open Course)	12	Mr Skyrme	A MOOC is an online university short course aimed at making Higher Education more accessible to more people. They are becoming increasingly popular as they allow students the opportunity to study high quality courses online with prestigious universities, often at no cost. To complete this successfully you need to be a highly independent learner. Instead of physically attending lectures and seminars or going to the library, you complete the course using university materials and resources posted online. Much of the learning is video-based and automated feedback is often provided through objective, online assessments (including quizzes and exams). Interaction with your fellow students is usually key, with online forums and discussion boards forming an important part of the learning process. Your Form Tutor will expect regular updates on your progress.
School Magazine/Online Newspaper Editorial Team	12	Mr Skyrme	School Magazine / Online Newspaper Editorial Team A great opportunity to get some hands-on work-experience. Each year we need to appoint the following leadership team alongside a keen team of journalists: <ul style="list-style-type: none"> - Editor in Chief - Managing Editor - News Editor - Opinion Editor - Features Editor - Sports Editor

			- Photo Graphics Editor
Sixth Form Sports	12	Mr Gould	Students can take part in a range of sports for fun and fitness. These can be changed each term. The Sports Team aim to offer the following sports for September 2019: Badminton, Football, Netball, Rugby, Table Tennis, Yoga/Pilates.
Young Enterprise	12	Mrs Street	The Young Enterprise programme enables students to develop their business acumen and helps develop a range of important transferable skills such as team work. Young Enterprise gives you an opportunity to set up, run and liquidate your own business. Students receive support and guidance from experienced staff and local business experts. Your YE Company competes against other schools in Aylesbury Vale and if successful you have the chance to go on to regional, national and European competitions. This is a brilliant opportunity if you have an interest in business, marketing, leadership and teamwork; and you will also improve and develop your skills in presenting, pitching and selling. All students are welcome, you do not need to be studying economics or business studies.