## **New Parenting Courses Available!**

Being a parent can be a tough job at times. You think you're getting the hang of things, and then something crops up that leaves you wondering what to do. Did you know that Buckinghamshire County Council run a range of parenting courses? They give you the chance to meet with other parents who are going through a similar thing to you as well as the opportunity to receive expert advice from a trained facilitator. Parenting courses run for parents of children/young people of all ages, including children/young people with a disability. Courses are running across Buckinghamshire and all are free.

You can find details of all the upcoming courses on the <u>Buckinghamshire Family Information</u> <u>Service</u> website, along with booking details.